



FIXED MINDSET

Intelligence is static
Leads to a desire to look smart
and a tendency to ...

**two
mindsets**



GROWTH MINDSET

Intelligence can be developed
Leads to a desire to learn
and a tendency to ...

Avoid challenges



CHALLENGES

Embrace challenges

Give up easily



OBSTACLES

Persist in the face of setbacks

See effort as fruitless or worse



EFFORT

See effort as the path to mastery

Ignore useful negative feedback



CRITICISM

Learn from criticism

Feel threatened by others' success



SUCCESS OF OTHERS

Find lessons and inspiration in others' success

As a result, they may plateau early and achieve less than their full potential. All this confirms a deterministic view of the world.

As a result, they reach ever-higher levels of achievement. All this gives them a greater sense of free will.